



TOTAL COMMUNICATION

ASSESSMENTS & PROGRAMMES

via teletherapy

<https://www.totalcommunication.com.sg/>
10 Winstedt Road, Block A #02-01, Singapore 227977



ASSESSMENT VIA VIDEO-CONFERENCING

Formal and informal assessments can now be conducted via video-conferencing. Our therapists will ensure best practice are kept up with:

- Trial sessions to ensure that participants can see and hear the tester clearly;
- Assessments paced out in separate timed sessions so that the participant's attention is well maintained;
- Time and care set aside to understand the participant's strength and weaknesses;
- A comprehensive report to be prepared and explained over via video-conferencing with caregivers.

Assessments available via video-conferencing:

- Speech and language evaluation by our Speech Language Pathologists (for students with academic and communication struggles)
- Literacy Assessment (for students struggling with spelling and reading)
- Math language and process assessment (for students struggling with mathematics)
- Play assessment (for young children with suspected developmental delay)

SOCIAL SELF & PRAGMATICS WORKSHOP (FOR 10 TO 12 YEARS OLD)



Beyond social thinking, some tweens would need to continue building their sense of self, and understanding of their relationship with the world they are growing up in. Our workshop has components that improve EQ skills:

- Using metaphors to describe self;
- Retrieving episodic memory for self-discovery;
- Understanding one's own cultural identity and differentiating from others;
- Knowing role-models, their roles in the world;
- Thinking about self versus others;
- Noticing non-verbal cues, and using non verbal form of communication;
- Conflict handling and negotiations
- And more!

Sessions are organised in groups of 3 students over Tele-Conferencing. There will be lots of opportunities to share ideas and collaborate on-line!

A close-up photograph of a child's hands, wearing a red long-sleeved shirt, pointing at a colorful illustration in a book. The illustration depicts a rocket ship launching with a large plume of orange and yellow fire. The child's hands are positioned over the book, with fingers spread, indicating active engagement with the material.

LANGUAGE INTERVENTION VIA VIDEO-CONFERRING

Evidence-based and comprehensive Language intervention continues to be provided through online video-conferencing. Language goals can be targeted through online group therapy sessions as well as individual sessions. Our interventions target areas such as:

- **Narrative Skills:** Targeting both macro and micro structures, using evidence-based programmes such as the Braidy Narrative, vocabulary development, theory of mind and perspective taking, higher level language skills such as sequencing and inferencing, and much more.
- **Concepts Building:** Targeting language concepts which are essential for the accurate following of instructions and accessing the curriculum, including concepts such as temporal (before, after), spatial (prepositions), sequential (first, next..), quantitative (more, less, equal), qualitative (same, different, big, small), conditional (if, unless) and so on.
- **Grammar and Syntax:** Targeting the accurate use of word order and word combinations using research-driven methods such as Colourful Semantics.
- **Semantics:** Expanding and building up a strong repertoire of vocabulary, and strengthening your child's semantic network, through work such as categorization, and semantic feature analyses.

This list is non-exhaustive and all language interventions and treatment plans are individualized to target each child's specific needs and goals, so that they can thrive to their full potential.



LITERACY INTERVENTION VIA VIDEO-CONFERENCING

Literacy skills are essential for communication and some children begin their schooling with an impaired phonological or orthographic processing system. This means they will need support with early literacy skills such as phonics.

The Seeing Stars programme allows children to work systematically through the building blocks of foundational literacy skills.

The programme works by targeting:

- Symbol imagery - improving visualization skills for struggling readers
- Phonological knowledge - sounds of letters and words
- Orthographic knowledge - letter correspondence to sounds
- English irregularities - known as "sight words"
- Morphological knowledge - knowing the meaningful parts of words (suffixes, prefixes)
- Visual memory for spelling

Seeing Stars is a research-validated programme for reading fluency and spelling. Children receiving the Seeing Stars programme are known to show improvement in reading, reading fluency and spelling.

PARENT MENTORING

Consultation Sessions for Parents who are bringing up children / teenagers on the Autism Spectrum

Equip yourselves with the latest knowledge and know-how of effective skills that remediate and help your child build important neurological connections. Parents who have newly diagnosed children are strongly encouraged to attend. Parents go through guidance with a 16 session counselling and training sessions with the following targeted:-

- Understanding the latest research findings of autism spectrum disorders, and dispelling myths and outdated information;
- Learn how to set important Vision Statements so that your future actions will be guided by these;
- Learn what effective Parenting and Guides need to do to change their communication systems, pacing, and take charge;
- Understanding the difference between Remediation and Compensation;
- Understanding Remediation strategies and how this can be inbuilt into your everyday lives;
- Knowing the difference in building dynamic intelligence and static intelligence;
- Increasing a child's ability to build episodic memory so that a Dynamic Self can be developed;
- Understanding meltdowns, repairs and regulation;
- Emotional regulation and how this needs to be addressed from the get-go;
- and MORE

Sessions will include meetings held over zoom, face to face meetings, and sessions involving our observation of your interactions with your child.

